



2020 ONTARIO LIFEGUARD CHAMPIONSHIPS
Registration Package

*The Lifesaving Society invites you to the Ontario Lifeguard Championships
hosted by the City of Vaughan*

DATE February 8, 2020

LOCATION **Vellore Village Community Centre** 1 Villa Royale Avenue, Woodbridge ON L4H 2Z7 905.832.8544
Woodbridge Pool & Memorial Arena 5020 Highway 7, Woodbridge ON L4L 1T1 905.832.8576

COMPETITION The competition is sanctioned by the Lifesaving Society. Event rules will be in accordance with the 2019 Edition of the *ILS Competition Rule Book*, the 2019 Edition of the *Canadian Competition Manual*, the 2020 Edition of the *Ontario Competition Manual*, and any 2020 Communiqués. Go to www.lifesavingsociety.com for details.

ELIGIBILITY All competitors must hold a current Bronze Cross or National Lifeguard certification and be a registered athlete. Competitors must be at least 15 years of age by February 8, 2020.

PROGRAM OF EVENTS	First Aid	Lifeguard Skills Relay
	Priority Assessment	Line Throw Relay
	Water Rescue	Manikin Relay

ENTRY DEADLINE **Registration must be received by Tuesday January 28, 2020.** Refunds will not be issued after January 28, nor will they be issued for clubs or competitors who fail to show up for the Championships.

ENTRY FEES	<u>Competitor Fee</u>	<u>Technical Event Entry Fee</u>	<u>Relay Event Entry Fee</u>
	\$22.05 per each competitor	\$27.55 per 4-person team per event \$20.00 per 2-person team per event	\$11.00 per team per event

ACCOMMODATION Monte Carlo Inn Vaughan Suites, 705 Applewood Cres. Reservations can be made over the phone 905- 761-7170 X 0 or on-line using the following group information on our website: <https://www.montecarloinns.com/vaughan-suites>. Group Code 388404; PIN 0207.

REGISTRATION Send registration form with method of payment – cheque (payable to the Lifesaving Society), money order, purchase order, VISA, American Express or MasterCard – to:

Lifesaving Society	Phone: 416 490 8844
2020 Championship Registration	Fax: 416 490 8766
400 Consumers Road	Email: sport@lifeguarding.com
Toronto, Ontario M2J 1P8	

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SCHEDULE

Saturday February 8th

9:00 am	Officials Meeting	Vellore Village Community Centre
9:15 am	Lock-Up for First Aid	Vellore Village Community Centre
9:30 am	Opening Ceremonies	Vellore Village Community Centre
10:00 – 12:00 pm	First Aid	Vellore Village Community Centre
12:30pm	Lock-Up for Water Rescue	Vellore Village Community Centre
1:00 – 3:00 pm	Water Rescue	Vellore Village Community Centre
3:00 – 3:45pm	Travel to Woodbridge	
4:00pm	Lock-Up for Priority Assessment	Woodbridge Pool & Memorial Arena
4:30 – 6:00pm	Priority Assessment	Woodbridge Pool & Memorial Arena
6:15 – 6:45 am	Warm Up for Relays (Finals)	Woodbridge Pool & Memorial Arena
6:45 – 7:45 pm	Line Throw Relay (Finals)	Woodbridge Pool & Memorial Arena
	Lifeguard Skills Relay (Finals)	
	4 x 25m Manikin Relay (Finals)	
8:00 pm	Award Presentations	Woodbridge Pool & Memorial Arena



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Please use one form for each club (Type or BLOCK letters only).

Club or Affiliate		
Mailing address		Apt or Suite
City	Province	Postal Code
Coach Name		() Home/cell Phone
Email (that will be checked regularly in the week preceding the Championships)		() Business Phone
Note: Each completed registration must include the following forms: Registration with payment, Waiver & Release, Event Entries.		
Competitor fee	@ \$22.05 / per person =	
Technical Event Entry fee (per 4-person team per event)	@ \$27.555 / event =	
Technical Event Entry fee (per 2-person team per event)	@ \$20.00 / event =	
Relay Event Entry fee (per team per event)	@ \$11.00 / event =	
TOTAL AMOUNT OWING		

Payment	
<input type="checkbox"/> Cheque	<input type="checkbox"/> Money Order
<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card
<input type="checkbox"/> AMEX	<input type="checkbox"/> P.O. #
Credit Card # _____	Expiry Date _____
_____	_____
Card holder name	Card holder signature

*Mail, fax or email:
 Lifesaving Society
 2020 Championship Registration
 400 Consumers Road
 Toronto, Ontario M2J 1P8
 Fax 416 490 8766
 Email sport@lifeguarding.com*

2020 ONTARIO LIFEGUARD CHAMPIONSHIPS
Waiver & Release Form

Please read carefully before signing

1. Conduct

I agree to abide by the rules, regulations and code of conduct of the championship, and further to behave in a manner consistent with ideals of good sportsmanship.

2. Voluntary Assumption of Risk

As a competitor in a lifeguard competition, I recognize that there are certain risks inherent in the activity as a result of factors including but not limited to, stress, number of people, water temperature and conditions. I have prepared myself for the competition and know of no factor or condition which should be disclosed to the organizers or which would make it unsafe for me to compete. I voluntarily assume all risks, both physical and legal including but not restricted to, loss of or damage to property, and personal injury including permanent disability or death.

3. Waiver of Liability

As a condition of entry and in consideration of my application as an individual or as a part of a team being accepted, I hereby waive my right to make any claim, whether for negligence or otherwise against the Lifesaving Society, the host, the facility operator, owner or occupier, the sponsors, the organizing committee or any of the servants, agents, affiliates, volunteers, judges, officials or other persons involved in the organization or running of the competition, events or associated activities. I further agree to indemnify and hold harmless all of the above, from any claim made on my behalf or as a result of injury to my person or property. I recognize that competitors are responsible for their own medical coverage.

4. Model Release

I transfer to the Lifesaving Society all rights whatsoever which I have in photographs and/or videos which photographers may have taken. I consent to the use of the photographs/videos for all purposes whatsoever, including without limitation, television, publications, and any trade or advertising purposes.

I have carefully read and understood the four conditions of entry and in consideration for being allowed to compete, I have executed them voluntarily intending to be bound thereby and intending these conditions to be binding of my heirs, personal representatives and assigns.

<i>Print name</i>	<i>Signature (Parent if under 18)</i>	<i>Date</i>
_____	_____	_____
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_____	_____	_____
<i>COACH:</i>		
_____	_____	_____

2020 ONTARIO LIFEGUARD CHAMPIONSHIPS
Team Event Entry – Simulated Emergency Response

Please use one form for each team.

Club: _____

Coach: _____

4-person: For simulated emergency response events, a team must consist of three or four competitors with any combination of males or females. Team composition must include a minimum of two competitors with current National Lifeguard certification. Team composition must remain the same for heats and finals. Please identify with a letter the group of athletes who are on the same team.

2-person: For simulated emergency response events, a team must consist of two competitors with any combination of males or females. Team composition must include a minimum of one competitor with current National Lifeguard certification. Team composition must remain the same for heats and finals. Please identify with a letter the group of athletes who are on the same team.

Competitors are allowed to enter each event only once. Competitors may compete on 4-person and/or 2-person teams.

PLEASE PRINT CLEARLY.

<i>Competitor Name & Gender</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd) (ensure correct order)</i>	<i>First Aid</i>	<i>Water Rescue</i>	<i>Priority Assessment</i>	<i>Total events</i>
<i>Jane Smith</i>	M F		<i>01/09/25</i>	<i>A</i>	<i>B</i>	<i>A</i>	<i>3</i>
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Team Event Entry – Relay

Please use one form for each team.

Club: _____

Coach: _____

4-person: A team must consist of two males and two females for any relay event. Please identify with a letter the group of athletes who are on the same team.

2-person: A team must consist of one male and one female for any relay event. Please identify with a letter the group of athletes who are on the same team.

Competitors are allowed to enter each event only once. Competitors may compete on 4-person and/or 2-person teams.

Event entries must indicate personal best times for seeding purposes – no time (NT) will not be accepted. PLEASE PRINT CLEARLY.

<i>Competitor Name & Gender</i>		<i>Registered Athlete Number</i>	<i>Date of Birth (yy/mm/dd) (ensure correct order)</i>	<i>Manikin Relay</i>	<i>Line Throw Relay</i>	<i>Lifeguard Skills Relay</i>	<i>Total events</i>
<i>Jane Smith</i>	M F		<i>01/09/25</i>	<i>2:06.91</i>	<i>1:33.91</i>	<i>3:01.71</i>	<i>3</i>
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